



## What's On – Timetable

Address: Park Road South, Newton-le-Willows. WA12 8EX | Telephone: 01925 224731

Email: [Contact@NewtonCommunityCentre.co.uk](mailto:Contact@NewtonCommunityCentre.co.uk)

Website: [www.newtoncommunitycentre.co.uk](http://www.newtoncommunitycentre.co.uk)

# Newton Community Centre

Run by the Community for the Community

Registered Charity: 1053999

## What's On Programme 2025



### Office opening hours:

Mondays - Thursdays: 9.00am - 5.00pm

Fridays 9.00am - 3.00pm

### Contact

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Facebook/Instagram/TikTok: @NewtonCommunityCentre





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<h1>Mondays</h1>	
<p style="text-align: right;"><b><u>Torus Job Club</u></b></p> <p>Help with jobs, training and much more. Appointment only by emailing <a href="mailto:employment@torusfoundation.org.uk">employment@torusfoundation.org.uk</a></p> <p style="text-align: center; font-size: small;">This support service is provided by Wargrave Big Local</p>	<p><b><u>9.30am – 3.00pm</u></b></p> 
<p style="text-align: right;"><b><u>Youth Federation</u></b></p> <p>Help for young people (Under 19s) to find training, support and work. Appointment only or for more information contact Diane on 07964998488</p> <p style="text-align: center; font-size: small;">This support service is provided by Wargrave Big Local</p>	<p><b><u>9.30am – 3.00pm</u></b></p> 
<p style="text-align: right;"><b><u>Bloom Baby</u></b></p> <p><i>Musical and Sensory play for babies. Booking essential by visiting <a href="http://www.bloombabyclasses.com/warrington">www.bloombabyclasses.com/warrington</a></i></p>	<p><b><u>Busy Bees 10:00am (For babies aged 5.5 months to 14 months)</u></b></p> <p><b><u>Caterpillar Club 11.15am (For babies aged 6 weeks to around 5.5 months)</u></b></p>
<p style="text-align: center;"><b><u>Family Tree and Local History Group</u></b></p> <p><i>Free, friendly and informal ancestry and local history chats from our Volunteer James – Just turn up. Call the Centre for more info 01925 224731</i></p>	<p><b><u>11.00am – 1.00pm</u></b></p>
<p style="text-align: center;"><b><u>Welcome Support Group</u></b></p> <p><i>2<sup>nd</sup> Monday of every month. A free get-together offering support and advice for those caring for somebody with Dementia. Alzheimer's Society also attends to answer any questions and offer further support. Just turn up. Call the Centre for more information on 01925 224731</i></p>	<p><b><u>11.00am – 12.30pm</u></b></p>
<p style="text-align: center;"><b><u>Bridge Group</u></b></p> <p><i>Term time (Call the Centre for more info on 01925 224731)</i></p>	<p><b><u>1.30pm – 3.30pm</u></b></p>
<p style="text-align: center;"><b><u>AK Dance Studio</u></b></p> <p>Modern, tap and ballet. To book or for more information please contact Annie on <a href="mailto:Akstudiosdance@gmail.com">Akstudiosdance@gmail.com</a> or call 07456335055</p>	<p><b><u>4.30pm – 6.00pm</u></b></p>
<p style="text-align: center;"><b><u>Legends Children's Dance Class</u></b></p> <p><i>Street Dance and HipHop. To book call Rachel on 07590988114 or email <a href="mailto:legendsdance@live.co.uk">legendsdance@live.co.uk</a></i></p>	
3-4yrs	<b><u>4.30pm – 5.15pm</u></b>
4-5yrs	<b><u>5.15pm – 6.00pm</u></b>
6-8yrs	<b><u>6.00pm – 6.45pm</u></b>
9-12yrs	<b><u>6.45pm – 7.30pm</u></b>



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<b>Tuesdays</b>	
<p><b>St Helens Wellbeing Health Checks</b> 1-2-1 health checks. Appointment only by calling St Helens Wellbeing on 01744 371111 or <a href="mailto:chcp.sthelens@nhs.net">chcp.sthelens@nhs.net</a></p> <p>This support service is provided by Wargrave Big Local</p>	<p><b>9.45am – 12.00pm</b></p> 
<p><b>Citizens Advice Bureau</b> General advice and support including benefits and debt. No appointment needed, just drop in</p> <p>This support service is provided by Wargrave Big Local</p>	<p><b>9.45am – 12.00pm</b></p> 
<p><b>Yoga</b> No need to book – just turn up or contact Karen for more info on <a href="mailto:yogini01942@gmail.com">yogini01942@gmail.com</a></p>	<p><b>9.45am – 10.45am</b></p>
<p><b>Family Fun Time</b> Stay &amp; Play for Under 5s (Term-Time Only) (Just turn up or call the centre on for more info 01925 224731)</p>	<p><b>11.15am – 1.00pm</b></p>
<p><b>Crafts &amp; Laughs</b> Social craft group 'Batty Crafters' getting together to craft, chat and raise money for Newton Community Centre. Call us on 01925 224731 if you are thinking of coming along.</p>	<p><b>1.30pm – 3.30pm</b></p>
<p><b>Legends Cheer Academy</b> Cheer/Pom Dance Classes for under 12s. Term time only. For more information or to book a place, email <a href="mailto:legendsdancing@live.co.uk">legendsdancing@live.co.uk</a></p>	<p><b>4.15pm – 5.00pm – 5-8 years olds</b> <b>5.00pm – 6.00pm – 9-12 year olds</b></p>
<p><b>Parkinson's Social Meeting</b> For anyone suffering with Parkinson's or their families/carer's. Free to attend. Just turn up. Café Open. Call Phil for more info 07534127727</p>	<p><b>6.30pm – 7.30pm</b></p>
<p><b>Mind, Body and Soul</b> Holistic Fitness Class To book please email Helen on <a href="mailto:mindbodyandsoul74@hotmail.com">mindbodyandsoul74@hotmail.com</a></p>	<p><b>6.30pm – 7.30pm</b></p>



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<p style="text-align: center;"><b><u>Intermediate Italian</u></b></p> <p>12-week course. £7.50 per week – all resources provided. Book by emailing <a href="mailto:nmartin@newtoncommunitycentre.co.uk">nmartin@newtoncommunitycentre.co.uk</a> Beginners courses also available</p>	<p style="text-align: center;"><b><u>6.30pm – 8.00pm</u></b></p>
<h3>Wednesdays</h3>	
<p style="text-align: center;"><b><u>Hartbeeps</u></b></p> <p>Multi-sensory musical classes for babies and toddlers 0-5 years. To book please visit <a href="https://hartbeeps-mersey.class4kids.co.uk/">https://hartbeeps-mersey.class4kids.co.uk/</a> or call Danielle on 07554809528</p>	<p style="text-align: center;"><b><u>10.00am – 10.45am (18 months – 5 years)</u></b> <b><u>11.15am – 12.00pm (8 - 18 months)</u></b> <b><u>12.30pm – 1.15pm (0 – 10 months approx.)</u></b></p>
<p style="text-align: center;"><b><u>Yoga</u></b></p> <p>(Please book by contacting Karen on <a href="mailto:yogini01942@gmail.com">yogini01942@gmail.com</a>)</p>	<p style="text-align: center;"><b><u>09.30am – 10.30am</u></b></p>
<p style="text-align: center;"><b><u>Forever Fit – Social &amp; fun fitness for 60+</u></b></p> <p>£2.00 with a drink. Call the Centre on 01925 224731 or just turn up</p>	<p style="text-align: center;"><b><u>11.30am – 1.30pm</u></b></p>
<p style="text-align: center;"><b><u>Beginners Bootcamp</u></b></p> <p>Open to all ages and abilities. £2.00 per class. Call the centre to book on 01925 224731</p>	<p style="text-align: center;"><b><u>6.15pm – 7.15pm</u></b></p>
<p style="text-align: center;"><b><u>Knitter Natter (In café)</u></b></p> <p>Free to attend – just turn up (For info call the centre on 01925 224731)</p>	<p style="text-align: center;"><b><u>1.00pm 3.00pm</u></b></p>
<p style="text-align: center;"><b><u>My Monkey Mind</u></b></p> <p>Monthly breathwork and meditation classes. £6 per class. Contact <a href="http://www.mymonkeymind.uk">www.mymonkeymind.uk</a> to book and find dates</p>	<p style="text-align: center;"><b><u>7.00pm – 8.00pm</u></b></p>
<h3>Thursdays</h3>	
<p style="text-align: center;"><b><u>Change Grow Live (CGL)</u></b></p> <p>Drug and Alcohol support – by referral only. Contact 01744 410752 or email <a href="mailto:sthelens.info@cgl.org.uk">sthelens.info@cgl.org.uk</a> This support service is provided by Wargrave Big Local</p>	<p style="text-align: center;"><b><u>9.00am – 12.30pm</u></b></p> <div style="text-align: right;">  </div>
<p style="text-align: center;"><b><u>Nifty Needlecraft</u></b></p> <p>(Just turn up or for info call Kath on 01925 724081)</p>	<p style="text-align: center;"><b><u>10.00am – 12.00pm</u></b></p>
<p style="text-align: center;"><b><u>Gee Up Class</u></b></p> <p>Gentle, seated exercise class. (Just turn up or contact Geoff for more info on 07496769964)</p>	<p style="text-align: center;"><b><u>10.30am – 11.30am</u></b></p>



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<p style="text-align: center;"><b><u>Men's Group</u></b> <b><u>10.00am – 12.30pm</u></b> (For info call Chris on 07970861062)</p>	
<p style="text-align: center;"><b><u>Jewellery Making Group (In café)</u></b> <b><u>1.00pm – 3.00pm</u></b> Get together with other Jewellery makers, with your own kit, and craft together. (For info call the centre on 01925 224731)</p>	
<p style="text-align: center;"><b><u>Club 426 After School Club age 5-11</u></b> <b><u>4.00pm – 6.00pm</u></b> <u>Term-time only</u> (Call the Centre to register your child on 01925 224731)</p>	
<p style="text-align: center;"><b><u>Boxercise &amp; Group Spar</u></b> <b><u>6.30pm – 7.30pm</u></b> Contact Donna White on <a href="mailto:dlwboxfit@gmail.com">dlwboxfit@gmail.com</a> to book</p>	
<p style="text-align: center;"><b><u>Evening Asana Yoga</u></b> <b><u>6.30pm – 7.30pm</u></b> £8 per class. Please book by visiting <a href="http://www.facebook.com/AsanaPranayama">www.facebook.com/AsanaPranayama</a> or emailing <a href="mailto:melbeez@hotmail.co.uk">melbeez@hotmail.co.uk</a></p>	
<b>Fridays</b>	
<p style="text-align: center;"><b><u>Mother and Baby/Toddler Yoga</u></b> <b><u>Between 9.30am &amp; 11.45am</u></b> (To book call Ali on 07958876495)</p>	
<p style="text-align: center;"><b><u>Free wellbeing walking group</u></b> <b><u>10.00am – 11.30am (Approx)</u></b> Meet outside Newton Community Centre, near bus stop. Ran by St Helens Wellbeing team. Please contact them directly for more information on 01744 371111</p>	
<p style="text-align: center;"><b><u>Food Bank</u></b> <b><u>11.00am – 2.30pm</u></b> For anyone in receipt of a Food Bank voucher. Call the Centre for more info on 01925 224731</p>	
<p style="text-align: center;"><b><u>Boardgames &amp; Banter</u></b> <b><u>12.00pm – 2.00pm</u></b> Cards, Dominoes, Puzzles, Games, Ping Pong - Plus free tea, coffee and biscuits. No need to book – just turn up</p>	





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## Community Cafe Opening times

Serving drinks and light snacks

**Mondays - Wednesdays**  
9.00am - 4.00pm

**Thursdays 9.00am - 3.30pm**

**Fridays 9.00am - 2.30pm**

Also open for those attending evening classes.  
card payments accepted over £5.00



## DRINKS MENU HOT & COLD DRINKS

Americano	£2.50
Latte	£2.50
Cappuccino	£2.50
Mocha	£2.50
Hot Chocolate	£2.50
Flat White	£2.50
Espresso	£1.90
Instant Coffee	£1.00
Tea	£1.00
Bottled water (Still/Sparkling)	£1.00
Flavoured water	£1.10
Fruit shoots	80p
Diluted juice	Free
Cartons of juice	80p
Cans	£1.00

ADD FLAVOURED  
SYRUP FOR 25P!

All items subject to availability

## CAFE SNACKS MENU

Toasted Teacake / Crumpets / 2 Slices of toast	£1.20
add Jam	10p
Bacon Sandwiches	£2.50
(Served Thursdays 10am-11.30am)	
Flapjack	90p
Border Biscuits	80p
Freddos	40p
KitKat Small/Large	40p/1.00
Maryland Cookies, Iced Gems, Dodgers	50p
Snacks Shortcake	£1.00
Jaffa Cakes	£1.20
Kinder Chocolate / Twix	30p
Graze Crunch	£1.20
Hula Hoops / Pom Bears	55p
Pringles	£1.20
Walkers Crisps/French Fries/Quavers	90p

Please note all items are subject to availability