



What's On – Timetable

Address: Park Road South, Newton-le-Willows. WA12 8EX | Telephone: 01925 224731

Email: Contact@NewtonCommunityCentre.co.uk

Website: www.newtoncommunitycentre.co.uk

Newton Community Centre

Run by the Community for the Community

Registered Charity: 1053999

What's On Programme 2025



Office opening hours:

Mondays - Thursdays: 9.00am - 5.00pm

Fridays 9.00am - 3.00pm

Contact

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Website: www.newtoncommunitycentre.co.uk

Facebook/Instagram/TikTok: @NewtonCommunityCentre





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<h1>Mondays</h1>	
<p style="text-align: center;"><u>Torus Job Club</u></p> <p>Help with jobs, training and much more. Appointment only outside of 12pm – 1pm. by emailing employment@torusfoundation.org.uk</p> <p style="text-align: center; font-size: small;">This support service is provided by Wargrave Big Local</p>	<p style="text-align: center;"><u>9.30am – 3.00pm</u> <u>(No appointment needed between 12.00pm – 1.00pm)</u></p> 
<p style="text-align: center;"><u>Youth Federation</u></p> <p>Help for young people (Under 19s) to find training, support and work. Appointment only or for more information contact Diane on 07964998488</p> <p style="text-align: center; font-size: small;">This support service is provided by Wargrave Big Local</p>	<p style="text-align: center;"><u>9.30am – 3.00pm</u></p> 
<p style="text-align: center;"><u>Circuit training for all</u></p> <p>A mixed class suitable for complete beginners in circuit training. Free to attend – just turn up. Sports Development coaches on hand to assist and tailor each exercise to your ability.</p>	<p style="text-align: center;"><u>9.30am – 10.30am</u></p>
<p style="text-align: center;"><u>Men's Circuit Training</u></p> <p>A circuit training class for men with a social element to chat with coaches and meet new people. Suitable for complete beginners. Free to attend – just turn up</p>	<p style="text-align: center;"><u>11.00am – 12.30pm</u></p>
<p style="text-align: center;"><u>Bloom Baby</u></p> <p><i>Musical and Sensory play for babies. Booking essential by visiting www.bloombabyclasses.com/warrington</i></p>	<p style="text-align: center;"><u>Busy Bees 10:00am (For babies aged 5.5 months to 14 months)</u></p> <p style="text-align: center;"><u>Caterpillar Club 11.15am (For babies aged 6 weeks to around 5.5 months)</u></p>
<p style="text-align: center;"><u>Family Tree Advice</u></p> <p style="text-align: center;"><i>Free, friendly and informal ancestry chats from our Volunteer James – Just turn up. Call the Centre for more info 01925 224731</i></p>	<p style="text-align: center;"><u>11.00am – 1.00pm</u></p>
<p style="text-align: center;"><u>Welcome Support Group</u></p> <p style="text-align: center;"><i>2nd Monday of every month. A free get-together offering support and advice for those caring for somebody with Dementia. Alzheimer's Society also attends to answer any questions and offer further support. Just turn up. Call the Centre for more information on 01925 224731</i></p>	<p style="text-align: center;"><u>11.00am – 12.30pm</u></p>
<p style="text-align: center;"><u>Tai Chi for Beginners</u></p> <p>A beginners class teaching the Chinese martial, combining slow movements, deep breathing, and a meditative state. For more information and to book, please email Catherine on catherine@rollmodelcic.co.uk</p>	<p style="text-align: center;"><u>1.00pm – 2.00pm</u></p>





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<p>Bridge Group Term time (Call the Centre for more info on 01925 224731)</p>	1.30pm – 3.30pm
<p>AK Dance Studio Modern, tap and ballet. To book or for more information please contact Annie on Akstudiosdance@gmail.com or call 07456335055</p>	4.30pm – 6.00pm
<p>Legends Children's Dance Class Street Dance and HipHop. To book call Rachel on 07590988114 or email legendsdance@live.co.uk</p>	
3-4yrs	4.30pm – 5.15pm
4-5yrs	5.15pm – 6.00pm
6-8yrs	6.00pm – 6.45pm
9-12yrs	6.45pm – 7.30pm

Tuesdays	
<p>St Helens Wellbeing Health Checks 1-2-1 health checks. Appointment only by calling St Helens Wellbeing on 01744 371111 or chcp.sthelens@nhs.net</p> <p>This support service is provided by Wargrave Big Local</p>	<p>9.45am – 12.00pm</p> 
<p>Citizens Advice Bureau General advice and support including benefits and debt. No appointment needed, just drop in</p> <p>This support service is provided by Wargrave Big Local</p>	<p>9.45am – 12.00pm</p> 
<p>Yoga No need to book – just turn up or contact Karen for more info on yogini01942@gmail.com</p>	<p>9.45am – 10.45am</p>
<p>Bloom Toddler Class Interactive classes with back-to-back multi-sensory and musical activities. Booking is essential by visiting: www.bloomtoddlerclasses.com/st-helens</p>	<p>10.00am – 10.45am (for walking toddlers up to 2 years of age) 11.00am – 11.45am (For age 2 – 4 years)</p>
<p>Family Fun Time Stay & Play for Under 5s (Term-Time Only) (Just turn up or call the centre on for more info 01925 224731)</p>	<p>11.15am – 1.00pm</p>



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<p style="text-align: center;"><u>Crafts & Laughs</u></p> <p>Social craft group 'Batty Crafters' getting together to craft, chat and raise money for Newton Community Centre. Call us on 01925 224731 if you are thinking of coming along.</p>	<p><u>1.30pm – 3.30pm</u></p>
<p style="text-align: center;"><u>Legends Cheer Academy</u></p> <p>Cheer/Pom Dance Classes for under 12s. Term time only. For more information or to book a place, email legendsdancing@live.co.uk</p>	<p><u>4.30pm – 5.15pm – 5-8 years olds</u> <u>5.15pm – 6.00pm – 9-12 year olds</u></p>
<p style="text-align: center;"><u>Parkinson's Social Meeting</u></p> <p>For anyone suffering with Parkinson's or their families/carer's. Free to attend. Just turn up. Café Open. Call Phil for more info 07534127727</p>	<p><u>6.00pm – 7.00pm</u></p>
<p style="text-align: center;"><u>Mind, Body and Soul</u></p> <p>Holistic Fitness Class</p> <p>To book please email Helen on mindbodyandsoul74@hotmail.com</p>	<p><u>6.30pm – 7.30pm</u></p>
<p style="text-align: center;"><u>Intermediate Italian</u></p> <p>12-week course. £7.50 per week – all resources provided. Book by emailing nmartin@newtoncommunitycentre.co.uk Beginners courses also available</p>	<p><u>6.30pm – 8.00pm</u></p>
<h2>Wednesdays</h2>	
<p style="text-align: center;"><u>Hartbeeps</u></p> <p>Multi-sensory musical classes for babies and toddlers 0-5 years. To book please visit https://hartbeeps-mersey.class4kids.co.uk/ or call Danielle on 07554809528</p>	<p><u>10.00am – 10.45am (18 months – 5 years)</u> <u>11.15am – 12.00pm (8 - 18 months)</u> <u>12.30pm – 1.15pm (0 – 10 months approx.)</u></p>
<p style="text-align: center;"><u>Yoga</u></p> <p>(Please book by contacting Karen on yogini01942@gmail.com)</p>	<p><u>09.30am – 10.30am</u></p>
<p style="text-align: center;"><u>Forever Fit – Social & fun fitness for 60+</u></p> <p>£2.00 with a drink. Call the Centre on 01925 224731 or just turn up</p>	<p><u>11.30am – 1.30pm</u></p>
<p style="text-align: center;"><u>Knitter Natter (In café)</u></p> <p>Free to attend – just turn up (For info call the centre on 01925 224731)</p>	<p><u>1.00pm 3.00pm</u></p>
<p style="text-align: center;"><u>Beginners Bootcamp</u></p> <p>Open to all ages and abilities. £2.00 per class. Call the centre to book on 01925 224731</p>	<p><u>6.15pm – 7.15pm</u></p>



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<p style="text-align: center;"><u>My Monkey Mind</u></p> <p>Monthly breathwork and meditation classes. £6 per class. Contact www.mymonkeymind.uk to book and find dates</p>	<u>7.00pm – 8.00pm</u>
Thursdays	
<p style="text-align: center;"><u>Change Grow Live (CGL)</u></p> <p>Drug and Alcohol support – by referral only. Contact 01744 410752 or email sthelens.info@cgl.org.uk This support service is provided by Wargrave Big Local</p>	<u>9.00am – 12.30pm</u>
	
<p style="text-align: center;"><u>Nifty Needlecraft</u></p> <p>(Just turn up or for info call Kath on 01925 724081)</p>	<u>10.00am – 12.00pm</u>
<p style="text-align: center;"><u>Gee Up Class</u></p> <p>Gentle, seated exercise class. (Just turn up or contact Geoff for more info on 07496769964)</p>	<u>10.30am – 11.30am</u>
<p style="text-align: center;"><u>Men's Group</u></p> <p>(For info call Chris on 07970861062)</p>	<u>10.00am – 12.30pm</u>
<p style="text-align: center;"><u>Jewellery Making Group (In café)</u></p> <p>Get together with other Jewellery makers, with your own kit, and craft together. (For info call the centre on 01925 224731)</p>	<u>1.00pm – 3.00pm</u>
<p style="text-align: center;"><u>Club 426 After School Club age 5-11</u></p> <p><u>Term-time only</u> (Call the Centre to register your child on 01925 224731)</p>	<u>4.00pm – 6.00pm</u>
<p style="text-align: center;"><u>Boxercise & Group Spar</u></p> <p>Contact Donna White on dlwboxfit@gmail.com to book</p>	<u>6.30pm – 7.30pm</u>
Fridays	
<p style="text-align: center;"><u>Mother and Baby/Toddler Yoga</u></p> <p>(To book call Ali on 07958876495)</p>	<u>Between 9.30am & 11.45am</u>
<p style="text-align: center;"><u>Food Bank</u></p> <p>For anyone in receipt of a Food Bank voucher. Call the Centre for more info on 01925 224731</p>	<u>11.00am – 2.30pm</u>



Newton Family and
Community Centre

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Boardgames & Banter

Cards, Dominoes, Puzzles, Games, Ping Pong - Plus free tea, coffee and biscuits. No need to book – just turn up

12.00pm – 2.00pm



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Community Cafe Opening times

Serving drinks and light snacks

Mondays - Wednesdays

9.00am - 4.00pm

Thursdays 9.00am - 3.30pm

Fridays 9.00am - 2.30pm

Also open for those attending evening classes.
card payments accepted over £5.00



DRINKS MENU

HOT & COLD DRINKS

Americano	£2.50
Latte	£2.50
Cappuccino	£2.50
Mocha	£2.50
Hot Chocolate	£2.50
Flat White	£2.50
Espresso	£1.90
Instant Coffee	£1.00
Tea	£1.00
Bottled water (Still/Sparkling)	£1.00
Flavoured water	£1.10
Fruit shoots	80p
Diluted juice	Free
Cartons of juice	80p
Cans	£1.00



ADD FLAVOURED SYRUP FOR 25P!

All items subject to availability

CAFE SNACKS MENU

Toasted Teacake / Crumpets / 2 Slices of toast	£1.20
add Jam	10p
Bacon Sandwiches	£2.50
<i>(Served Thursdays 10am-11.30am)</i>	
Flapjack	90p
Border Biscuits	80p
Freddos	40p
KitKat Small/Large	40p/1.00
Maryland Cookies, Iced Gems, Dodgers	50p
Snacks Shortcake	£1.00
Jaffa Cakes	£1.20
Kinder Chocolate / Twix	30p
Graze Crunch	£1.20
Hula Hoops / Pom Bears	55p
Pringles	£1.20
Walkers Crisps/French Fries/Quavers	90p

Please note all items are subject to availability