



What's On – Timetable

Park Road South, Newton-le-Willows. WA12 8EX | Tel: 01925 224731

Email: Contact@NewtonCommunityCentre.co.uk

www.newtoncommunitycentre.co.uk

Facebook | Twitter | Instagram | Tik Tok: @NewtonCommunityCentre





Community Cafe Opening times

Serving drinks and light snacks

Mondays - Wednesdays
9.00am - 4.30pm

Thursdays 9.00am - 3.30pm

Fridays 9.00am - 2.30pm

cash only

Mondays									
<p style="text-align: center;"><u>Bloom Baby</u> <i>Musical and Sensory play for babies. Booking essential by visiting www.bloombabyclasses.com/warrington</i></p>	<p><u>Busy Bees 10:00am (For babies aged 5.5 months to 14 months)</u></p> <p><u>Caterpillar Club 11.15am (For babies aged 6 weeks to around 5.5 months)</u></p>								
<p style="text-align: center;"><u>Family Tree and Local History Group</u> <i>Free, friendly and informal ancestry and local history chats from our Volunteer James – Just turn up. Call the Centre for more info 01925 224731</i></p>	<p><u>11.00am – 1.00pm</u></p>								
<p style="text-align: center;"><u>Bridge Group</u> <i>Term time (Call the Centre for more info on 01925 224731)</i></p>	<p><u>1.30pm – 3.30pm</u></p>								
<p style="text-align: center;"><u>Legends Children's Dance Class – term time only</u> <i>(To book call Rachel on 07590988114)</i></p>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: right; padding-right: 10px;">3-4yrs</td> <td><u>4.30pm – 5.15pm</u></td> </tr> <tr> <td style="text-align: right; padding-right: 10px;">4-5yrs</td> <td><u>5.15pm – 6.00pm</u></td> </tr> <tr> <td style="text-align: right; padding-right: 10px;">6-8yrs</td> <td><u>6.00pm – 6.45pm</u></td> </tr> <tr> <td style="text-align: right; padding-right: 10px;">9-12yrs</td> <td><u>6.45pm – 7.30pm</u></td> </tr> </table>	3-4yrs	<u>4.30pm – 5.15pm</u>	4-5yrs	<u>5.15pm – 6.00pm</u>	6-8yrs	<u>6.00pm – 6.45pm</u>	9-12yrs	<u>6.45pm – 7.30pm</u>
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Tuesdays	
<p><u>Yoga</u> <u>9.45am – 10.45am</u></p> <p><i>(Drop in or to book call Karen on 07906525207)</i></p>	
<p><u>Family Fun Time</u> <u>11.15am – 1.00pm</u></p> <p><u>Stay & Play for Under 5s</u> <i>(Term-Time Only)</i></p> <p><i>(Just turn up or call the centre on for more info 01925 224731)</i></p>	
<p style="text-align: center;"><u>Crafts & Laughs</u> <u>12.30pm – 2.30pm</u></p> <p>Social craft group 'Batty Crafters' getting together to craft, chat and raise money for Newton Community Centre. Call or text Jane for more info or to let her know you'd like to come along on 07914436851</p>	
<p><u>Parkinson's Social Meeting</u> <u>6.00pm – 7.00pm</u></p> <p><i>For anyone suffering with Parkinson's or their families/carer's. Free to attend. Just turn up. Café Open. Call Phil for more info 07534127727</i></p>	
<p><u>Mind, Body and Soul</u> <u>6.30pm – 7.30pm</u></p> <p>Holistic Fitness Class To book please email Helen on mindbodyandsoul74@hotmail.com</p>	
Wednesdays	
<p style="text-align: center;"><u>Hartbeeps</u> <u>10.00am – 10.45am (18 months – 5 years) 11.15am – 12.00pm (8 - 18 months) 12.30pm – 1.15pm (0 – 10 months approx.)</u></p> <p><i>Multi-sensory musical classes for babies and toddlers 0-5 years. To book please visit https://hartbeeps-mersey.class4kids.co.uk/ or call Danielle on 07554809528</i></p>	
<p><u>Yoga</u> <u>09.30am – 10.30am</u></p> <p><i>(Please book by calling Karen on 07906525207)</i></p>	
<p><u>Forever Fit – Social & fun fitness for 60+</u> <u>11.30am – 1.30pm</u></p> <p>£2.00 with a drink. Call the Centre on 01925 224731 or just turn up</p>	
<p><u>Knitter Knatter (In café)</u> <u>1.00pm 3.00pm</u></p> <p><i>Free to attend – just turn up (For info call the centre on 01925 224731)</i></p>	



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<p style="text-align: center;"><u>Beginners Bootcamp</u></p> <p style="text-align: center;"><i>Open to all ages and abilities. £2.00 per class. Call the centre to book on 01925 224731</i></p>	<p style="text-align: center;"><u>6.15pm – 7.15pm</u></p>
<p style="text-align: center;"><u>My Monkey Mind</u></p> <p style="text-align: center;"><i>Monthly breathwork and meditation classes. £6 per class. Contact www.mymonkeymind.uk to book</i></p>	<p style="text-align: center;"><u>7.00pm – 8.00pm</u></p>
<h3>Thursdays</h3>	
<p style="text-align: center;"><u>Nifty Needlecraft</u></p> <p style="text-align: center;"><i>(Just turn up or for info call Kath on 01925 724081)</i></p>	<p style="text-align: center;"><u>10.00am – 12.00pm</u></p>
<p style="text-align: center;"><u>Gee Up Class</u></p> <p style="text-align: center;"><i>Gentle, seated exercise class. (Just turn up or contact Geoff for more info on 07496769964)</i></p>	<p style="text-align: center;"><u>10.30am – 11.30am</u></p>
<p style="text-align: center;"><u>Men's Group</u></p> <p style="text-align: center;"><i>(For info call Chris on 07970861062)</i></p>	<p style="text-align: center;"><u>10.00am – 12.30pm</u></p>
<p style="text-align: center;"><u>Jewellery Making Group (In café)</u></p> <p style="text-align: center;"><i>Get together with other Jewellery makers, with your own kit, and craft together. (For info call the centre on 01925 224731)</i></p>	<p style="text-align: center;"><u>1.00pm – 3.00pm</u></p>
<p style="text-align: center;"><u>Indoor Bowling</u></p> <p style="text-align: center;"><i>(To book or more for more info call the centre 01925 224731)</i></p>	<p style="text-align: center;"><u>1.00pm – 3.00pm</u></p>



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<p><u>Club 426 After School Club age 5-11</u> <i>Term-time only-</i> <i>(Call the Centre to register your child on 01925 224731)</i></p>	<p><u>4.00pm – 6.00pm</u></p>
<p><u>Boxercise & Group Spar</u> Contact Donna White on dlwboxfit@gmail.com to book</p>	<p><u>6.30pm – 7.30pm</u></p>
<p>Fridays</p>	
<p><u>Mother and Baby/Toddler Yoga</u> <i>(To book call Ali on 07958876495)</i></p>	<p><u>Between 9.30am & 11.45am</u></p>
<p><u>Free wellbeing walking group</u> <i>Meet outside Newton Community Centre, near bus stop. Ran by St Helens Wellbeing team. Please contact them directly for more information on 01744 371111</i></p>	<p><u>10.00am – 11.30am (Approx)</u></p>
<p><u>Food Bank</u> <i>For anyone in receipt of a Food Bank voucher. Call the Centre for more info on 01925 224731</i></p>	<p><u>11.00am – 2.30pm</u></p>
<p><u>St Helens Wellbeing Drop In Clinic</u> Find out about the free support and services the team can help you with from financial, mental, physical and social wellbeing! No need to book, just drop in.</p>	<p><u>Second Friday of the month</u> <u>11.00am – 2.00pm</u></p>



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KNITTER NATTER!

EVERY WEDNESDAY
1.00PM - 3.00PM

NEWTON COMMUNITY CENTRE
PARK ROAD SOUTH
WA12 8EX

FRIENDLY RELAXED GROUP

FREE OF CHARGE
COME TO KNIT OR CHAT!

BEGINNERS TO EXPERTS WELCOME!

CALL 01925 224731 FOR MORE INFO!

ST HELENS WELLBEING

Social Prescribing in your local community

Would you benefit from someone to help you with issues such as:

- Housing issues?
- Money worries?
- Meeting new people?
- Improving your lifestyle?
- Learning new skills to get work?

Newton Community Centre

Dates: **Every second Friday of each month!**

Time: **11.00am - 2.00pm**

This is a drop in clinic, no appointment necessary.

If you require further information, please call 01744 371111.

FOOD DONATIONS URGENTLY NEEDED

Newton Community Centre Food Bank are experiencing an increase in people needing support with Food.

PLEASE DONATE ITEMS FROM THE LIST BELOW IF YOU CAN!

CEREAL	TINNED SPAGHETTI
TEA & COFFEE	LAUNDRY DETERGENT
SUGAR	WASHING UP LIQUID
LONG LIFE MILK AND JUICE	PET FOOD
TINNED VEGETABLES	SIZE 5 & 6 NAPPIES
TINNED MEAT	SHAMPOO
PASTA	TOILET ROLL
RICE	DEODORANT
NOODLES	SHOWER GEL

THANK YOU SO MUCH!

Newton Family and Community Centre Park Road South, Newton-le-Willows, WA12 8EX 01925 224731

NEED HELP WITH YOUR FAMILY TREE?!

It's not for me Yes please!

what about local history?!

Come to our Family Tree & Local History mornings!

MONDAYS 11.00AM - 1.00PM
NEWTON COMMUNITY CENTRE CAFE
FREE TO ATTEND

CALL 01925 224731
FOR MORE INFORMATION