



What's On – Timetable

Park Road South, Newton-le-Willows. WA12 8EX | Tel: 01925 224731

Email: Contact@NewtonCommunityCentre.co.uk

Facebook | Twitter | Instagram | Tik Tok: [@NewtonCommunityCentre](https://www.instagram.com/NewtonCommunityCentre)

Community Garden & Coffee Bar Opening Times:

Mondays - Wednesdays 9.00am – 4.30pm

Thursdays 9.00am – 3.30pm

Friday 9.00am – 2.30pm

| Mondays | |
|---|--|
| <p>Bloom Baby Sensory Classes <i>Booking essential: or email</i> warrington@bloombabyclasses.com</p> | <p><u>10.00am – 10.45am Busy Bees</u> (6-14 months)</p> <p><u>11.15am – 12.00pm Caterpillars (6 weeks – 6 months)</u></p> |
| <p>Family and Local History Group <i>Free, friendly and informal ancestry and local history chats from our Volunteer James – just turn up. Call the Centre for more info 01925 224731</i></p> | <p><u>11.00am – 1.00pm</u></p> |
| <p>Bridge Group <i>Term time (Call the Centre for more info on 01925 224731 – just turn up)</i></p> | <p><u>1.30pm – 3.30pm</u></p> |
| <p><u>Legends Children's Dance Class – term time only</u> <i>(To book call Rachel on 07590988114)</i></p> | <p>3-4yrs <u>4.30pm – 5.15pm</u></p> <p>4-5yrs <u>5.15pm – 6.00pm</u></p> <p>6-8yrs <u>6.00pm – 6.45pm</u></p> <p>9-12yrs <u>6.45pm – 7.30pm</u></p> |



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| Tuesdays | |
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| <p><u>Yoga</u> <u>9.45am – 10.45am</u> <i>(Drop in or to book call Karen on 07906525207)</i></p> | |
| <p><u>Family Fun Time</u> <u>11.15am – 1.00pm</u> <u>Stay & Play for Under 5s</u> <i>(Term-Time Only)</i> <i>(Just turn up or call the centre on for more info 01925 224731)</i></p> | |
| <p style="text-align: center;"><u>Crafts & Laughs</u> <u>1.00pm – 3.00pm</u></p> <p>Social craft group getting together to craft, chat and raise money for Newton Community Centre. Call or text Jane for more info or to let her know you'd like to come along on 07914436851</p> | |
| <p style="text-align: center;"><u>Parkinson's Social Meeting</u> <u>6.00pm – 7.00pm</u> <i>For anyone suffering with Parkinson's or their families/carer's. Free to attend. Just turn up. Café Open. Call Phil for more info 07534127727</i></p> | <p><i>(Please note during non term-times this group meet on a Tuesday. Please call Phil to check)</i></p> |
| <p style="text-align: center;"><u>Mind, Body and Soul</u> <u>6.30pm – 7.30pm</u> Holistic Fitness Class To book please email Helen on mindbodyandsoul74@hotmail.com</p> | |
| Wednesdays | |
| <p style="text-align: center;"><u>Hartbeeps</u> <u>10.00am – 10.45am (18 months – 5 years)</u> <u>11.15am – 12.00pm (8 - 18 months)</u> <u>12.30pm – 1.15pm (0 – 10 months approx.)</u> <i>Multi-sensory musical classes for babies and toddlers 0-5 years.</i> To book please visit https://hartbeeps-mersey.class4kids.co.uk/ or call Danielle on 07554809528</p> | |
| <p><u>Yoga</u> <u>09.30am – 10.30am</u> <i>(To book call Karen on 07906525207)</i></p> | |
| <p><u>Forever Fit – Social & fun fitness for 60+</u> <u>11.30am – 1.30pm</u> <i>£2.00 with a drink.</i> Call the Centre on 01925 224731 or just turn up</p> | |
| <p><u>Knitter Knatter (In café)</u> <u>1.00pm 3.00pm</u> <i>Free to attend – just turn up</i> <i>(For info call the centre on 01925 224731)</i></p> | |



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| <p style="text-align: center;"><u>Beginners Bootcamp</u></p> <p><i>Open to all ages and abilities. £2.00 per class. Call the centre to book on 01925 224731</i></p> | <p style="text-align: center;"><u>6.00pm – 7.00pm</u></p> |
| <p style="text-align: center;"><u>Peri/Menopause Café</u></p> <p><i>Welcoming and supportive space for Women. Free to attend – drinks can be bought in the Café. Visit the Facebook group “Newton-le-Willows Peri/Menopause Group” or contact Sharon Phelan on 07786567839</i></p> | <p style="text-align: center;"><u>6.00pm – 8.00pm</u></p> |
| <p style="text-align: center;"><u>My Monkey Mind</u></p> <p><i>Monthly breathwork and meditation classes monthly. £6 per class. Contact www.mymonkeymind.uk to book</i></p> | <p style="text-align: center;"><u>7.00pm – 8.00pm</u></p> |
| Thursdays | |
| <p style="text-align: center;"><u>Nifty Needlecraft</u></p> <p><i>(Just turn up or for info call Kath on 01925 724081)</i></p> | <p style="text-align: center;"><u>10.00am – 12.00pm</u></p> |
| <p style="text-align: center;"><u>Gee Up Class</u></p> <p><i>Gentle, seated exercise class. (Just turn up or contact Geoff for more info on 07496769964)</i></p> | <p style="text-align: center;"><u>10.30am – 11.30am</u></p> |
| <p style="text-align: center;"><u>Men's Group</u></p> <p><i>(For info call Chris on 07970861062)</i></p> | <p style="text-align: center;"><u>10.00am – 12.30pm</u></p> |
| <p style="text-align: center;"><u>Jewellery Making Group (In café)</u></p> <p><i>(For info call the centre on 01925 224731)</i></p> | <p style="text-align: center;"><u>1.00pm – 3.00pm</u></p> |
| <p style="text-align: center;"><u>Indoor Bowling</u></p> <p><i>(Just turn up - for info call the centre 01925 224731)</i></p> | <p style="text-align: center;"><u>1.00pm – 3.00pm</u></p> |



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| | |
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| <p><u>Club 426 After School Club age 5-11</u> <i>Term-time only</i> <i>(Call the Centre to register your child on 01925 224731)</i></p> <p style="text-align: center;">-</p> | <p><u>4.00pm – 6.00pm</u></p> |
| <p><u>Boxercise & Group Spar</u> Contact Donna White on dlwboxfit@gmail.com to book</p> | <p><u>6.30pm – 7.30pm</u></p> |
| <p>Fridays</p> | |
| <p><u>Mother and Baby/Toddler Yoga</u> <i>(To book call Ali on 07958876495)</i></p> | <p><u>Between 9.30am & 11.45am</u></p> |
| <p><u>Food Bank</u> <i>For anyone in receipt of a Food Bank voucher. Call the Centre for more info on 01925 224731</i></p> | <p><u>11.00am – 2.30pm</u></p> |
| <p><u>Memory Café</u> <i>For people living with dementia, their families and carers. Free to attend. Just turn up</i> <i>First Friday of the month</i> <i>(Call the centre on 01925 224731)</i></p> | <p><u>1.00pm – 2.30pm</u></p> |



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Community Café

Serving hot drinks and light snacks!

Opening Times

Mondays - Wednesdays 9.00am – 4.30pm

Thursdays 9.00am-3.30pm - Bacon Butties served 10.00am – 11.30am for £2.00

Fridays 9.00am-2.30pm

| DRINKS MENU HOT & COLD DRINKS | |
|----------------------------------|-------|
| Americano | £2.10 |
| Latte | £2.10 |
| Cappuccino | £2.10 |
| Mocha | £2.10 |
| Hot Chocolate | £2.10 |
| Flat White | £2.10 |
| Espresso | £1.60 |
| Instant Coffee | £1.00 |
| Tea | £1.00 |
| Bottled water (Still/Sparkling) | 80p |
| Flavoured water | £1.00 |
| Fruit shoots | 80p |
| Diluted juice | Free |
| Cartons of juice | 50p |
| Cans | £1.00 |

All items subject to availability



| CAFE SNACKS MENU | |
|--|---------|
| Bacon Sandwiches | £2.00 |
| <i>(Served Thursdays 10am-11.30am)</i> | |
| Toasted Teacake / Crumpets | £1.00 |
| 2 Slices of toast | £1.00 |
| Kids snack biscuits | 30p |
| Jaffa Donuts | 60p |
| Wagon wheels | 50p |
| Kinder Chocolate | 30p |
| Flapjack | 75p |
| Children's Crisps (Pom bears/hula hoops) | 50p |
| Walkers Crisps/French Fries/Quavers | 80p |
| Twix | 30p |
| Border Biscuits | 60p |
| Freddos | 30p |
| Icee Gems etc | 40p |
| KiKat (Small/Large) | 30p/60p |

Please note all items are subject to availability

MONTHLY MEMORY CAFE

COFFEE, CAKE, CONVERSATION AND MEMORIES

FOR PEOPLE WITH A DEMENTIA DIAGNOSIS,
THEIR FAMILIES & THEIR CARERS.

FRIDAY 2ND FEBRUARY
1.00PM - 2.30PM
MUSICAL BINGO

FRIDAY 1ST MARCH
1.00PM - 2.30PM
QUIZ

FRIDAY 5TH APRIL
1.00PM - 2.30PM
ACTIVITY TBC

FREE TO ATTEND
NO NEED
TO BOOK -
JUST TURN UP



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