

Newton Community Centre

What's On Programme

Run by the Community for the Community
Park Road South, Newton-le-Willows, WA12 8EX

01925 224731 | contact@newtoncommunitycentre.co.uk
www.newtoncommunitycentre.co.uk
Registered Charity 1053999

Over 35 groups, activities and classes each week!
Plus a Community Cafe & Garden for everyone to enjoy



OFFICE OPENING HOURS

Mondays - Wednesdays 9.00am - 5.00pm

Thursdays 9.00am - 3.30pm

Fridays 9.00am - 3.00pm

COMMUNITY CAFE OPENING HOURS

Mondays - Wednesdays 9.00am - 4.30pm

Thursdays 9.00am - 3.30pm

Fridays 9.00am - 2.30pm

Mondays

<p>Torus Employment Hub Help with jobs, training and much more. Appointment only before 12.00pm (Drop in 12pm – 1pm) employment@torusfoundation.org.uk</p>	<p>10.00am – 1.00pm (No appointment needed between 12.00pm – 1.00pm)</p>
<p>Youth Federation Help for young people (Under 19s) to find training, support and work. Appointment only or for more information contact michelle.maddox@youthfed.org</p>	<p>9.30am – 3.00pm</p>
<p>Circuit training for all A mixed class suitable for complete beginners in circuit training. Free to attend – just turn up. Sports Development coaches on hand to assist and tailor each exercise to your ability.</p>	<p>9.30am – 10.30am</p>
<p>Bloom Baby Musical and Sensory play for babies. Booking essential by visiting www.bloombabyclasses.com/warrington</p>	<p>Busy Bees 10:00am (For babies aged 5.5 months to 14 months) Caterpillar Club 11.15am (For babies aged 6 weeks to around 5.5 months)</p>
<p>Family Tree Advice Term time. Free, friendly and informal ancestry chats from our Volunteer James – Just turn up. Call the Centre for more info 01925 224731</p>	<p>11.00am – 1.00pm</p>
<p>Welcome Support Group 2nd Monday of every month. A free get-together offering support and advice for those caring for somebody with Dementia. Alzheimer’s Society also attends to answer any questions and offer further support. Call the Centre for more information or to come along on 01925 224731</p>	<p>11.00am – 12.30pm</p>
<p>Bridge Group Term time (Call the Centre for more info on 01925 224731)</p>	<p>1.30pm – 3.30pm</p>

<p align="center">Legends Children's Dance Class Street Dance and HipHop. To book call Rachel on 07590988114 or email legendsdance@live.co.uk)</p>	
3-4yrs	4.30pm – 5.15pm
4-5yrs	5.15pm – 6.00pm
6-8yrs	6.00pm – 6.45pm
9-12yrs	6.45pm – 7.30pm
<p align="center">Evening Yoga with Hannah Book via Hannahonthemat@gmail.com / 07837984787</p>	6.30pm – 8.30pm

<i>Tuesdays</i>	
<p align="center">Citizens Advice Bureau General advice and support including benefits and debt. No appointment needed, just drop in</p>	10.00am – 12.00pm
<p align="right">Yoga No need to book – just turn up or contact Karen for more info on yogini01942@gmail.com</p>	9.45am – 10.45am
<p align="center">Bloom Toddler Class Interactive classes with back-to-back multi-sensory and musical activities. Booking is essential by visiting: www.bloomtoddlerclasses.com/st-helens</p>	10.00am – 10.45am (for walking toddlers up to 2 years of age) 11.00am – 11.45am (For age 2 – 4 years)
<p align="center">Family Fun Time Stay & Play for Under 5s. Drop in. (Term-Time Only – Check website/social media for dates or call the centre on for more info) 01925 224731)</p>	11.15am – 1.00pm
<p align="center">Crafts & Laughs Social craft group 'Batty Crafters' getting together to craft and raise money for Newton Community Centre. Call us on 01925 224731 if you are an experienced crafter and would like to help.</p>	1.30pm – 3.30pm
<p align="center">Women's Group Runs twice a year and aims to help women build confidence, try new things and meet new people. Booking is essential. Email Naoise to book on nmartin@newtoncommunitycentre.co.uk</p>	1.30pm – 3.30pm

<p style="text-align: center;">Monthly Crafternoons</p> <p>Informal, fun and social Crafternoons held throughout the year, suitable for adults. £4 includes materials and a drink. Email Naoise on nmartin@newtoncommunitycentre.co.uk for dates and to book</p>	1.30pm – 3.30pm
<p style="text-align: center;">Parkinson's Social Meeting</p> <p>For anyone suffering with Parkinson's or their families/carer's. Free to attend. Just turn up. Café Open. Call Phil for more info 07534127727</p>	6.00pm – 7.00pm
<p style="text-align: center;">Choir Who Can't Sing</p> <p>First Tuesday of every Month. A social and just for fun group for women who would like to try singing in a choir. Please Contact Jo for more information or to let her know you would like to come along on jowalsh1@hotmail.co.uk</p>	6.00pm – 8.00pm
<p style="text-align: center;">Mind, Body and Soul</p> <p>Holistic Fitness Class</p> <p>To book please email Helen on mindbodyandsoul74@hotmail.com</p>	6.30pm – 7.30pm
<p style="text-align: center;">Beginners and Intermediate Italian</p> <p>12-week courses throughout the year. £7.50 per week – all resources provided. For dates please email: nmartin@newtoncommunitycentre.co.uk</p>	6.30pm – 8.00pm

Wednesdays

<p style="text-align: center;">Hartbeeps</p> <p>Multi-sensory musical classes for babies and toddlers 0-5 years. To book please visit https://hartbeeps-mersey.class4kids.co.uk/ or call Danielle on 07554809528</p>	<p style="text-align: center;">10.00am – 10.45am (18 months – 5 years)</p> <p style="text-align: center;">11.15am – 12.00pm (8 - 18 months)</p> <p style="text-align: center;">12.30pm – 1.15pm (0 – 10 months approx.)</p>
<p style="text-align: center;">Yoga</p> <p>(Please book by contacting Karen on yogini01942@gmail.com)</p>	09.30am – 10.30am
<p style="text-align: center;">Forever Fit</p> <p>Social & fun fitness for 60+ £2.00 with a drink. Call the Centre on 01925 224731 or just turn up</p>	11.30am – 1.30pm
<p style="text-align: center;">Knitter Natter (In café)</p> <p>Free to attend – just turn up (For info call the centre on 01925 224731)</p>	1.00pm 3.00pm

<p style="text-align: center;">Beginners Bootcamp</p> <p>Open to all ages and abilities. £2.00 per class. Call the centre to book on 01925 224731</p>	<p style="text-align: center;">6.15pm – 7.15pm</p>
<p style="text-align: center;">Dance Fit</p> <p>Easy to follow, fun dance fitness routines, with some weighted (if you like) toning routines and ending with a gentle stretch & mindfulness relaxation, to have you ready for a good nights sleep. £9 per class. First class £8. Suitable for ages 14+ (Under 18s to be accompanied by a paying adult. Please book by visiting: https://www.dancelikeamother.com/dlam-dance-fit-newton-le-willows</p>	<p style="text-align: center;">7.30pm – 8.30pm</p>
<p style="text-align: center;">Monthly Sound bath Meditation</p> <p>Enjoy a soothing Sound bath Meditation designed to quiet the mind, release tension, and gently reset your energy. Immerse yourself in calming tones and peaceful vibrations that invite deep relaxation, clarity, and renewal. Let the sound guide you into a tranquil space where you can breathe, soften, and step into the year refreshed and grounded. Join us on the first Wednesday of the month. Please email Catherine for more info and to book on catherine@rollmodelcic.co.uk or visit www.rollmodelgroup.co.uk</p>	<p style="text-align: center;">8.00pm – 9.00pm</p>
<p style="font-size: 2em; font-family: cursive;"><i>Thursdays</i></p>	
<p style="text-align: center;">Change Grow Live (CGL)</p> <p>Drug and Alcohol support – by referral only. Contact 01744 410752 or email sthelens.info@cgl.org.uk</p>	<p style="text-align: center;">9.00am – 12.30pm</p>
<p style="text-align: center;">Nifty Needlecraft</p> <p>(Just turn up or for info call Kath on 01925 724081)</p>	<p style="text-align: center;">10.00am – 12.00pm</p>
<p style="text-align: center;">Gee Up Class</p> <p>Gentle, seated exercise class. (Just turn up or contact Geoff for more info on 07496769964)</p>	<p style="text-align: center;">10.30am – 11.30am</p>
<p style="text-align: center;">Men's Group</p> <p>(For info call Chris on 07970861062)</p>	<p style="text-align: center;">10.00am – 12.30pm</p>
<p style="text-align: center;">Jewellery Making Group (In café)</p> <p>Get together with other Jewellery makers, with your own kit, and craft together. (For info call the centre on 01925 224731)</p>	<p style="text-align: center;">1.00pm – 3.00pm</p>

<p align="center">Club 426 After School Club age 5-11 Term-time only (Call the Centre to register your child on 01925 224731)</p>	4.00pm – 6.00pm
<p align="center">Boxercise & Group Spar Contact Donna White on dlwboxfit@gmail.com to book</p>	6.30pm – 7.30pm
<p align="center">Brushes & Brews – Evening events Fun, friendly & mindful abstract drawing workshops to help promote mindfulness and creativity. £5 per person. Please email nmrtin@newtoncommunitycentre.co.uk for dates</p>	6.00pm – 7.30pm
<h2 style="font-family: cursive; font-size: 2em; margin: 0;">Fridays</h2>	
<p align="center">Mother and Baby/Toddler Yoga (To book call Ali on 07958876495)</p>	10.45am – 11.45am
<p align="center">Food Bank For anyone in receipt of a Food Bank voucher. Call the Centre for more info on 01925 224731</p>	11.00am – 1.00pm
<p align="center">St Helens Smokefree Help you to change your smoking habits with a variety of proven stop smoking therapies to help you to achieve your goal. Contact St Helens Wellbeing to arrange a full consultation to assess and agree an individual plan to support you to quit. Booking only by calling 01744 371 111</p>	11.00am – 1.00pm
<p align="center">Dance Like a Mother 8 weeks up to around 2 years old Award-winning babywearing dance class and social group where parents (mostly mums, but all are welcome) dance to upbeat music while safely carrier-wearing their babies, offering a fun, supportive space to exercise, bond, and connect with other caregivers. For more information and to book, visit: www.dancelikeamother.com/warrington-babywearing-dance-class</p>	1.00pm – 2.00pm
<p align="center">Chair Yoga £8 per class. Beginner friendly seated yoga class. To book please call Karen on 07906525207 or email yogini01942@gmail.com</p>	1.00pm – 2.00pm

Saturdays

Fibro Fight Club

A social and supportive group for people struggling with Fibromyalgia. A place for people to come together to build a supportive network to help each other. For more information, please email fibrofightclub@gmail.com

11.00am – 12.00pm



Community Cafe Opening times

Serving drinks and light snacks

Mondays - Wednesdays
9.00am - 4.00pm

Thursdays 9.00am - 3.30pm

Fridays 9.00am - 2.30pm

Also open for those attending evening classes.
card payments accepted over £5.00

2026 EVENTS

at Newton Community Centre

Save the Date

QUIZ
NIGHT
FEB
23

TEA
DANCE
MAY
14

VOLUNTEERS
WEEK BEGINS
JUN
01

VOLUNTEERS
AFTERNOON
TEA
JUN
02

SUMMER
FAIR
JUN
20

CHILDRENS SUMMER
PLAYSCHEME
BEGINS
JUL
21

CHILDREN'S
HALLOWEEN
PARTY
OCT
23

TRUSTEES
WEEK BEGINS
NOV
02

CHRISTMAS
FAIR
DEC
05

COMMUNITY
BREAKFAST
DEC
11

keep your eye on our social media and
website for further information

[@newtoncommunitycentre](#)

www.newtoncommunitycentre.co.uk

YOU ARE INVITED TO

Shirley's Tea Dance

THURS 14TH MAY 2026

2PM TO 4PM

**ENJOY CAKE, COFFEE, TEA, DANCING
AND A GLASS OF NON-ALCOHOLIC FIZZ**

**WITH LIVE ENTERTAINMENT FROM
VINTAGE VOCALIST MISS LINA BELLE!**

£5 PER TICKET

AVAILABLE FROM
NEWTON COMMUNITY
CENTRE, PARK RD SOUTH
WA12 8EX

