Newton Community Centre

What's On Programme

Run by the Community for the Community
Park Road South, Newton-le-Willows, WA12 8EX

01925 224731 | contact@newtoncommunitycentre.co.uk
www.newtoncommunitycentre.co.uk
Registered Charity 1053999

Over 35 groups, activities and classes each week!
Plus a Community Cafe & Garden for everyone to enjoy

OFFICE OPENING HOURS

Mondays - Wednesdays 9.00am - 5.00pm
Thursdays 9.00am - 3.30pm
Fridays 9.00am - 3.00pm

COMMUNITY CAFE OPENING HOURS

Mondays - Wednesdays 9.00am - 4.30pm
Thursdays 9.00am - 3.30pm
Fridays 9.00am - 2.30pm

Mondays

Torus Employment Hub Help with jobs, training and much more. Appointment only before 12.00pm (Drop in 12pm – 1pm) employment@torusfoundation.org.uk	**10.00am – 1.00pm** **(No appointment needed between 12.00pm – 1.00pm)**
Youth Federation Help for young people (Under 19s) to find training, support and work. Appointment only or for more information contact michelle.maddox@youthfed.org	**9.30am – 3.00pm**
Circuit training for all A mixed class suitable for complete beginners in circuit training. Free to attend – just turn up. Sports Development coaches on hand to assist and tailor each exercise to your ability.	**9.30am – 10.30am**
Bloom Baby Musical and Sensory play for babies. Booking essential by visiting www.bloombabyclasses.com/warrington	**Busy Bees 10:00am (For babies aged 5.5 months to 14 months)** **Caterpillar Club 11.15am (For babies aged 6 weeks to around 5.5 months**
Family Tree Advice Term time. Free, friendly and informal ancestry chats from our Volunteer James – Just turn up. Call the Centre for more info 01925 224731	**11.00am – 1.00pm**
Welcome Support Group 2nd Monday of every month. A free get-together offering support and advice for those caring for somebody with Dementia. Alzheimer's Society also attends to answer any questions and offer further support. Call for more information or to come along on 01925 224731	**11.00am – 12.30pm**
Mind, Body and Soul Gold A gentle fitness class to build strength, improve balance, and restore calm. Exercises can be performed seated, standing, or using a chair for support To book, please contact **£7 pay as you go or £6 per session when booking 4 or more** **Please contact Helen to book on mindbodyandsoul74@hotmail.com**	**11.30am – 12.30pm**

Bridge Group Term time (Call the Centre for more info on 01925 224731)	**1.30pm – 3.30pm**
Monthly Crafternoons Informal, fun and social Crafternoons held throughout the year, suitable for adults. £5 includes materials and a drink. Email Naoise on nmartin@newtoncommunitycentre.co.uk for dates and to book	**1.30pm – 3.30pm**
Legends Children's Dance Class Street Dance and HipHop. To book call Rachel on 07590988114 or email legendsdance@live.co.uk)	
3-4yrs	**4.30pm – 5.15pm**
4-5yrs	**5.15pm – 6.00pm**
6-8yrs	**6.00pm – 6.45pm**
9-12yrs	**6.45pm – 7.30pm**
Evening Yoga with Hannah No drop ins please. Book essential via Hannahonthemat@gmail.com / 07837984787	**6.15pm – 7.15pm** **7.30pm – 8.30pm**

Tuesdays	
Citizens Advice Bureau General advice and support including benefits and debt. No appointment needed, just drop in	**10.00am – 12.00pm**
Yoga No need to book – just turn up or contact Karen for more info on yogini01942@gmail.com	**9.45am – 10.45am**
Bloom Toddler Class Interactive classes with back-to-back multi-sensory and musical activities. Booking is essential by visiting: www.bloomtoddlerclasses.com/st-helens	**10.00am – 10.45am (for walking toddlers up to 2 years of age)** **11.00am – 11.45am (For age 2 – 4 years)**
Family Fun Time Stay & Play for Under 5s. Drop in. (Term-Time Only – Check website/social media for dates or call the centre on for more info) 01925 224731)	**11.15am – 1.00pm**

Crafts & Laughs Social craft group 'Batty Crafters' getting together to craft and raise money for Newton Community Centre. Call us on 01925 224731 if you are an experienced crafter and would like to help.	**1.30pm – 3.30pm**
Women's Group Runs twice a year and aims to help women build confidence, try new things and meet new people. Booking is essential. Email Naoise to find out dates and to book on nmartin@newtoncommunitycentre.co.uk	**1.30pm – 3.30pm**
Parkinson's Social Meeting For anyone suffering with Parkinson's or their families/carer's. Free to attend. Just turn up. Café Open. Call Phil for more info 07534127727	**6.00pm – 7.00pm**
Choir Who Can't Sing First Tuesday of every Month. A social and just for fun group for women who would like to try singing in a choir. Please Contact Jo for more information or to let her know you would like to come along on jowalsh1@hotmail.co.uk	**6.00pm – 8.00pm**
Mind, Body and Soul A little bit more upbeat than the Gold class on Mondays, this is a Holistic Fitness Class which is mainly standing rather than seated. To book please email Helen on mindbodyandsoul74@hotmail.com	**6.30pm – 7.30pm**
Wednesdays	
Hartbeeps Multi-sensory musical classes for babies and toddlers 0-5 years. To book please visit https://hartbeeps-mersey.class4kids.co.uk/ or call Danielle on 07554809528	**10.00am – 10.45am (18 months – 5 years)** **11.15am – 12.00pm (8 - 18 months)** **12.30pm – 1.15pm (0 – 10 months approx.)**
Yoga (Please book by contacting Karen on yogini01942@gmail.com)	**09.30am – 10.30am**
Forever Fit Social & fun fitness for 60+ £2.00 with a drink. Call the Centre on 01925 224731 or just turn up	**11.30am – 1.30pm**

Knitter Natter (In café) Free to attend – just turn up (For info call the centre on 01925 224731)	**1.00pm 3.00pm**
Monthly Sound bath Meditation Designed to quiet the mind, release tension, and gently reset your energy. Let the sound guide you into a tranquil space where you can breathe, soften, and step into the year refreshed and grounded. **Join us on the first Wednesday of the month. Please email Catherine for more info and to book on catherine@rollmodelcic.co.uk or visit www.rollmodelgroup.co.uk**	**8.00pm – 9.00pm**
Thursdays	
Change Grow Live (CGL) Drug and Alcohol support – by referral only. Contact 01744 410752 or email sthelens.info@cgl.org.uk	**9.00am – 12.30pm**
Nifty Needlecraft (Just turn up or for info call Kath on 01925 724081)	**10.00am – 12.00pm**
Gee Up Class Gentle, seated exercise class. (Just turn up or contact Geoff for more info on 07496769964)	**10.30am – 11.30am**
Men's Group (For info call Chris on 07970861062)	**10.00am – 12.30pm**
Jewellery Making Group (In café) Get together with other Jewellery makers, with your own kit, and craft together. (For info call the centre on 01925 224731)	**1.00pm – 3.00pm**
Club 426 After School Club age 5-11 Term-time only (Call the Centre to register your child on 01925 224731)	**4.00pm – 6.00pm**
Fridays	
Mother and Baby/Toddler Yoga (To book call Ali on 07958876495)	**10.45am – 11.45am**
Food Bank For anyone in receipt of a Food Bank voucher. Call the Centre for more info on 01925 224731	**11.00am – 1.00pm**

St Helens Smokefree Help you to change your smoking habits with a variety of proven stop smoking therapies to help you to achieve your goal. Contact St Helens Wellbeing to arrange a full consultation to assess and agree an individual plan to support you to quit. Booking only by calling 01744 371 111	**11.00am – 1.00pm**
Dance Like a Mother **8 weeks up to around 2 years old** Award-winning babywearing dance class and social group where parents (mostly mums, but all are welcome) dance to upbeat music while safely carrier-wearing their babies, offering a fun, supportive space to exercise, bond, and connect with other caregivers. For more information and to book, visit: www.dancelikeamother.com/warrington-babywearing-dance-class	**1.00pm – 2.00pm**
Chair Yoga £8 per class. Beginner friendly seated yoga class. To book please call Karen on 07906525207 or email yogini01942@gmail.com	**1.00pm – 2.00pm**
Saturdays	
Fibro Fight Club A social and supportive group for people struggling with Fibromyalgia. A place for people to come together to build a supportive network to help each other. For more information, please email fibrofightclub@gmail.com	**11.00am – 12.00pm**

citizens advice

Citizens Advice Bureau Drop In Clinic

Tuesdays

10.00am - 12.00pm

Newton Community Centre
Park Road South, Newton-le-Willows

No appointment needed - just drop in

Call in for free advice on your:

- Utility bills
- Housing issues
- Debt
- Benefits
- Much more

Printing, Scanning & Photocopying PRICES

A4 & A3 SIZES AVAILABLE

Newton Family and Community Centre

SCANNING: FREE!

PHOTOCOPYING & PRINTING PRICES:

A4 BLACK & WHITE: 10P
A4 COLOUR: 25P

A3 BLACK & WHITE: 50P
A3 COLOUR: 75P

Or any size donation you are able to make to the Community Centre

2026 EVENTS at Newton Community Centre

Save the Date

QUIZ NIGHT FEB 23	TEA DANCE MAY 14	VOLUNTEERS WEEK BEGINS JUN 01	VOLUNTEERS AFTERNOON TEA JUN 02	SUMMER FAIR JUN 20
CHILDRENS SUMMER PLAYSCHEME BEGINS JUL 21	CHILDREN'S HALLOWEEN PARTY OCT 23	TRUSTEES WEEK BEGINS NOV 02	CHRISTMAS FAIR DEC 05	COMMUNITY BREAKFAST DEC 11

keep your eye on our social media and website for further information

@newtoncommunitycentre

www.newtoncommunitycentre.co.uk

IMPORTANT REMINDER!

All visitors and Centre users must SIGN IN at reception and out again when leaving the building.

We are a very busy Community Centre. Signing in and out helps us keep the building safe for everyone and in line with Fire Regulations and emergencies!

Thank you for helping us keep Newton Community Centre safe for everyone

Newton Family and Community Centre

COMMUNITY FUND